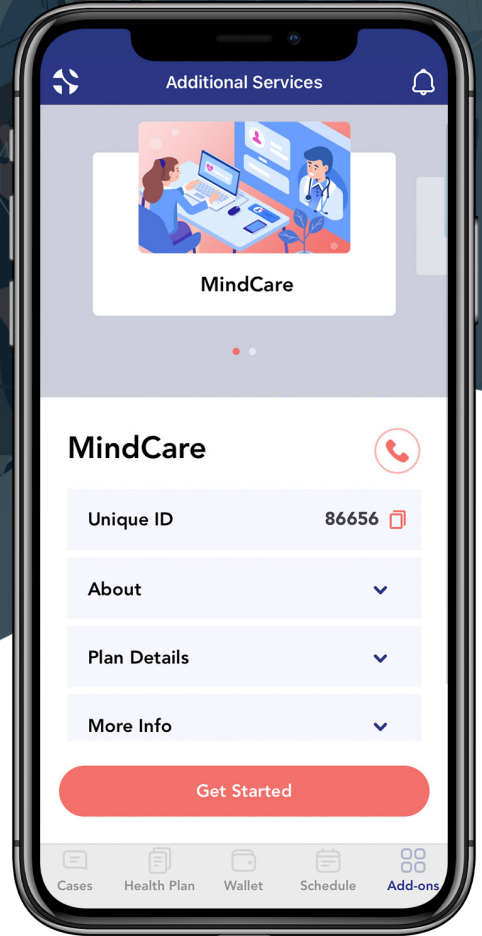


# Introducing: MindCare

MindCare makes it easy to receive therapy from the comfort and privacy of your own home or office. Get the help you need now.



Get started in minutes

## Therapy, made simple

MindCare is ongoing, comprehensive therapy. Our service offers counseling for over 20 common issues. Most appointments can be scheduled within 24 hours and with your choice of therapist.

Find your 'Unique ID' in the TouchCare app.

### Ways to access MindCare



You can access MindCare by downloading the TouchCare mobile app for your iOS or android device. Simply login then click on the **Add-ons** tab from the bottom menu.



Visit [www.touchcare.com](http://www.touchcare.com) and click on **member login**. If you are creating a new account, click **new member**. Otherwise, sign in and click the **Add-ons** tab from the left menu.



You can also contact your virtual providers directly over the phone. To be connected with the MindCare team and to schedule your first consult, dial: 855-636-3669

To learn more, visit: [www.touchcare.com/mindcare](http://www.touchcare.com/mindcare)